

The
Camp Can-Aqua
Leadership Centre



3 Day, 2 Night Sample Program

Live, Learn, Experience, and Enjoy the Outdoors

Time	Day 1	Day 2	Day 3
7:30 am		Polar Dip	Polar Dip
8:00 am		Wake Up Bell	Wake Up Bell
8:30 am		Breakfast	Breakfast
9:30 am		Meeting Spot	Pack Up
9:45 am		Program Rotation #3	Meeting Spot
10:45 am		Meeting Spot	Teacher Choice #1
11:00 am		Program Rotation #4	Teacher Choice #2
12:15 pm	Arrival/Welcome/ Engagement Activity	Lunch	Lunch
1:00 pm	Bagged Lunch/Stay Overview	Down Time/Rest Hour	Departure
2:00 pm	Meeting Spot	Meeting Spot	
2:15 pm	Program Rotation #1	Program Rotation #5	
3:15 pm	Meeting Spot	Meeting Spot	
3:30 pm	Program Rotation #2	Program Rotation #6	
4:40 pm	Free Time	Free Time	
5:15 pm	Dinner	BBQ Dinner	
7:00 pm	EP - Stones	EP - Clue	
8:30 pm	Campfire	Talent Show	
9:30 pm	Snack	Snack	
10:00 pm	Bedtime	Bedtime	